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VelaShape FAQ's

What is cellulite?

Cellulite is a topographic skin change that occurs in most post-pubertal females whether they are thin or overweight. It presents itself as a modification of skin topography evident by skin dimpling and nodularity that occurs mainly in women on the pelvic region, lower limbs, and abdomen, and is caused by the herniation of subcutaneous fat within fibrous connective tissue, leading to a padded or orange peel-like appearance. Cellulite can occur in women of all ages and tends to become more visible with age. Over time, the skin loses its thickness and thereby enhances the visibility of the unsightly cellulite bumps.

How does VelaShape® work to help get rid of cellulite?

The Vela Product line is the only non-invasive body shaping product to combine four different technologies including IR (infrared), Bi-Polar RF (radio-frequency) and mechanical tissue manipulation using pulsed vacuum and massage rollers.

The combination of the IR and vacuum coupled RF technologies causes deep heating of the connective tissue including the fibrous septae which in turn promotes an increase in collagen depositing and local cellular metabolism resulting in a localized reduction in skin laxity and volume. The additional mechanical tissue manipulation of the Vela causes an immediate increase in circulation and lymphatic drainage, both essential components for healthy skin structure. More than 3.5 million independent treatments have been performed globally to date confirming both the safety and unique efficacy of this technology.

What are the regulatory approvals of the Vela line?

All products pertaining to the Vela product line are FDA cleared (The Vela was the first system to be cleared by the FDA for Cellulite Reduction) and CE marked (Body Contouring) and all comply with the strict safety regulations presented by the European Directive of Medical Devices – 'conformity with the provisions of the Council Directive 93/42/EEC of 14 June 1993 as amended by 2007/47/EC concerning medical devices'.

What are the key differences/advantages of VelaShape over competition?

The non-invasive Vela line is the only system to combine 4 technologies creating a synergistic effect when treating the appearance of the skin. The unique mechanism of action of this product line enables a very safe, comfortable and effective procedure which has been proven in numerous clinical trials and in over 3.5 Million independent treatments.

What clinical data is available on VelaShape?

The safety and effectiveness of the VelaShape treatment has been demonstrated in both multi-center clinical trials and in more than 3.5 million independent treatments performed on patients globally. In addition, Syneron continues to collect clinical data from the increasing number of users.

What parts of the body can be treated with VelaShape?

The Vela treatment can be applied to any body area that may need contouring: thighs, abdomen, arms, flanks and more. Wherever cellulite is bothersome for a patient, the Vela line of devices offers an effective solution to help solve the problem.

What is the minimum or maximum age required to be eligible for treatment with VelaShape?

The Vela treatments are not limited by age and all patients seeking cellulite reduction and /or circumference reduction can be treated. However, the treating clinician will determine if the patient is a good candidate. In some countries, there are legal requirements for minimum age of treatment.



VelaShape FAQ's

Who would be an ideal candidate for VelaShape treatment?

The Vela treatment is recommended for normal to overweight patients who suffer from unsightly cellulite in the pelvic region, around the hips, abdomen, or lower limbs. For optimized results, these patients should also be committed to maintaining a healthy lifestyle. The treating clinician has the final determination for choosing the best candidates for the treatment.

What are the contraindications to a body contouring treatment with VelaShape?

There are no major contraindications for the Vela treatment. For patients with pacemakers/defibrillator, pregnant or nursing or severe health problems, it is recommended to defer to their physician prior to commencing treatment.

How many treatments are required in order to see a noticeable effect on the body?

An improvement in the appearance of the skin can be observed in as few as 1-2 treatments. For optimal results, it is recommended to complete the recommended treatment protocol of 4-6 treatments. The treating clinician will determine the optimum number of treatments for the patient based on the patients areas of concern.

How long do the results last?

The tightening effect has been shown to have a long term result while the cellulite effect may require maintenance treatments 2-3 times a year, depending on the etiology of the skin, genetics and a patient's lifestyle in general.

What is the average cost of a treatment with VelaShape?

Costs may vary, depending on the county, but an average treatment session can range from €100 - €200.

In which countries can consumers obtain VelaShape treatments?

Vela treatments are available globally. Please refer to www.syneron-candela.com website to identify your local Syneron representative.



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UltraShape FAQ's

How does UltraShape® work to reduce fat?

The patented UltraShape technology uses a handheld ultrasonic transducer to deliver controlled pulsed focused ultrasound at a precise depth within the fat layer. The technology is selective, meaning that only fat cells are broken down and surrounding important structures such as blood vessels, nerves and connective tissue remain intact. Using a sophisticated tracking system, ensures that the designated area is treated only once for a complete and uniform treatment.

How does the UltraShape procedure differ from other non-invasive ultrasound treatments for body contouring?

UltraShape is the only technology to use pulsed focused ultrasound energy which selectively targets and destroys fat cells in a mechanical, non-thermal, non-inflammatory process. Some available ultrasound products use non-focused standard ultrasound which cannot break down fat cells. Other products use non-pulsed focused ultrasound which heats up the tissue causing a thermal effect that leads to fat cell inflammation and death, and is shown to be less selective. UltraShape is the only system available to use a unique real-time tracking and guidance system for 3D mapping of the body's curvature to ensure complete and uniform energy delivery over the entire treatment area, minimizing the risk of contour irregularities, a common side effect of liposuction.

What clinical data is available on UltraShape?

The UltraShape system has been shown to be safe and effective in a multi-center controlled trials and over 250,000 patient treatments worldwide. There are currently more than 7 peer-reviewed published articles and book chapters on UltraShape.

What happens to the fat that is eliminated by the UltraShape procedure?

During the UltraShape treatment, the membranes of the fat cells are disrupted. The fat cell content, primarily comprised of triglycerides, is dispersed into the fluid between the cells and then transported through the vascular and lymphatic systems to the liver. The liver makes no distinction between fat coming from the UltraShape treatment and fat originating from consumed food. Both are processed via the body's natural mechanisms.

What parts of the body can be treated with UltraShape?

The UltraShape treatment focuses on the abdomen, thighs ("saddle bags") and flanks ("love handles").

What is the minimum or maximum age required to be eligible for treatment with UltraShape?

Treatment is usually recommended for patients over 18 years of age. Legal or regulatory requirements may also set minimum age for medical procedures so patients under 18 should talk with the practice prior to setting a treatment appointment.

Who would be the ideal candidate for UltraShape treatment?

The UltraShape treatment has been designed to help average to overweight men and women acquire an improved body shape and contour. To optimize the results of such treatments, it is recommended that patients adopt a healthy lifestyle. UltraShape offers an effective non-surgical alternative to patients seeking a significant reduction of localized fat deposits without surgery. The ideal patient is one who has already committed to leading a healthy lifestyle.

What are the contraindications to a body shaping treatment with UltraShape?

While UltraShape as a non-invasive treatment is considered to be overall very safe, certain contraindications exist mainly due to an underlying condition they have that may interact with the way in which the system works. Amongst the contraindications to keep in mind are: age less than 18 years, pregnancy, lactating mothers, or



UltraShape FAQ's

anticipated pregnancy, patients with an implanted cardiac defibrillator, pacemaker, or other electromagnetic implant, severe hyperlipidemia or fatty liver, Hepatitis or liver disease, Connective tissue disease, bleeding disorder.

How many treatments are required in order to see a noticeable effect on the body?

Clinical results show an average reduction of four centimeters and as much as ten centimeters after 3 treatments. In independent studies and in commercial use, multiple treatments have shown incremental circumference reduction and high patient satisfaction. UltraShape recommends 3 treatments spaced 2 weeks apart.

How long do the results last?

The UltraShape treatment destroys fat cells, resulting in a long lasting effect. Obviously, the effects will last much longer if the patient maintains a healthy life style. Because of the definite destruction of fat cells, no maintenance treatments are required.

How long does a patient have to wait between two UltraShape treatments?

UltraShape recommends a short wait time of two weeks, to allow the fat to be cleared via the body's natural mechanism.

What is the average cost of a treatment with UltraShape?

Costs may vary, depending on country. Typical costs are on average are between €800 – €1000 per treatment session.

What does the UltraShape treatment feel like?

Most patients report a painless and comfortable experience with side effects being extremely rare. Patients are immediately able to resume to their daily routine.

What type of precautions should the patient follow just after a treatment with UltraShape®

As soon as the session is over, one can immediately resume a daily routine as there is no required recovery period. Patients also state that there is no post-treatment pain or discomfort. The skin surface remains smooth and the fat texture is homogenous. There is no bruising, swelling or skin color change as occurs after a traditional liposuction. It is recommended to maintain a low calorie diet during the 4-5 days following treatment to help the fat clearance process.

In which countries can consumers obtain UltraShape® treatments?

The treatment is available in 57 countries worldwide. Please refer to www.syneron-candela.com website to identify your local Syneron representative.

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